

Program at-a-glance  
CPS Lifelong Learning in Paediatrics  
October 25-27, 2019 (King City, Ontario)  
Kingbridge Conference Centre & Institute  
Co-chairs: Mark Messenger, MD and Daphne Korczak, MD

Friday, October 25 (4.5 study credits)	Saturday, October 26 (4.5 study credits)	Sunday, October 27 (3.25 study credit)
0700 Registration opens (Grandroom Foyer – North Wing)	0700 Registration opens (Grandroom Foyer – North Wing)	0700 Registration opens (Grandroom Foyer – North Wing)
0700 Hot buffet breakfast (Dining Room – South Wing)	0700 Hot buffet breakfast (Dining Room – South Wing)	0700 Hot buffet breakfast (Dining Room – South Wing)
0830 Welcome and announcements (Grandroom A&B – North Wing)	0830 Welcome and announcements (Grandroom A&B – North Wing)	0745 Concurrent workshops (repeated from Friday)
0840 General lecture Update on mental health epidemiology among youth <i>Peter Szatmari, MD</i>	0840 General lecture Youth self-harm and suicide <i>Daphne Korczak, MD</i>	0915 Health break with exhibitors (Main Foyer – North Wing)
0930 Question/answer session	0930 Question/answer session	0940 Welcome and announcements (Grandroom A&B – North Wing)
0940 Recognizing depression in children and adolescents <i>Daphne Korczak, MD</i>	0940 Sleep in children with mental health disorders <i>Shelley Weiss, MD</i>	0950 'Hot topics' panel Course faculty deliver a 15-minute 'quick hit' presentation highlighting the latest developments in their area of interest.
1010 Paediatric somatization <i>Claire De Souza, MD</i>	1010 Emotional dysregulation <i>Roberto Sassi, MD, PhD</i>	0955 Hot topic 1 Sleep problems and internalizing difficulties in early childhood <i>Alice Charach, MD</i>
1040 Health break with exhibitors (Main Foyer – North Wing)	1040 Health break with exhibitors (Main Foyer – North Wing)	1005 Hot topic 2 Impact of mindfulness training on physical health <i>Claire De Souza, MD</i>
1100 Impact of concurrent substance use on mental health disorders <i>Martin Gignac, MD</i> (Grandroom A&B – North Wing)	1100 Promoting mental health and well- being in LGBTQ youth <i>Albina Veltman, MD</i> (Grandroom A&B – North Wing)	1020 Hot topic 3 Trauma treatment and DBT <i>Marjorie Robb, MD</i>
1130 Making sense of psychoeducational reports <i>Paulo Pires, PhD</i>	1130 Videogame and online addiction: Cause for concern <i>Jeffrey Derevensky, PhD</i>	1035 Hot topic 4 Risk of psychosis with ADHD medications <i>Daniel Gorman, MD</i>
1200 Hot buffet lunch (Dining Room – South Wing)	1200 Hot buffet lunch (Dining Room – South Wing)	1050 Hot topic 5 Lack of empathy: Conduct disorder vs Autism <i>Martin Gignac, MD</i>
1315 Concurrent workshops	1315 Concurrent workshops (repeated from Friday)	1105 Ask the experts (panel discussion)
1. W1: Disruptive behaviour in preschool children <i>Alice Charach, MD</i> (1 <sup>st</sup> , Floor, North Wing, Room 10)	1445 Adjournment	1135 Closing remarks
2. W2: Paediatric somatization <i>Claire De Souza, MD</i> (2 <sup>nd</sup> Floor, North Wing, Room 23)		1140 Adjournment
3. W3: Dialectical behaviour therapy (DBT) for office use: Dialing down dysregulation – principles to treat self-harm and suicidal thinking <i>Marjorie Robb, MD</i> (2 <sup>nd</sup> Floor, North Wing, Room 21)		
4. W4: Non-pharmacologic interventions for anxiety <i>Nicola Keyhan, MD</i> (2 <sup>nd</sup> Floor, North Wing, Room 22) (not available on Sunday)		
5. W5: Complex attention deficit hyperactivity disorder (ADHD) diagnosis and treatment <i>Daniel Gorman, MD</i> (2 <sup>nd</sup> Floor, North Wing, Room 20)		
6. W6: Complex polypharmacy in mood disorders <i>Martin Gignac, MD</i> (2 <sup>nd</sup> Floor, North Wing, Room 24)		
1445 Adjournment		

Modified: September 19, 2019