Teen Dating Violence

About 1/3 of youth experience dating violence:
Health professionals can help by addressing healthy relationships at every visit using the CUES approach.

C

CONFIDENTIALITY

- Speak with the adolescent alone for part of every visit.
- Review local age-of-consent guidelines.
- Share limits of confidentiality, eg., "Everything you tell me is confidential, unless I am immediately worried for your safety or the safety of someone else."

UE

UNIVERSAL EDUCATION

- Provide universal education to all adolescents because healthy relationships impact overall health.
- Offer multiple copies of resources for teens to keep or share with friends.
- Build rapport so youth know you are a safe person to talk to.

S

SUPPORT

- Disclosure is not the primary goal, but if it happens, provide a warm hand-off to appropriate services.
- Behavioural questions such as, "Does your partner get upset when you spend time with other people?" can help elicit more detail.
- Consult local child welfare authority if you are unsure about duty to report.

Canadian Paediatric Society

Read more on CPS.ca

Resources: PREVNet.ca | CanadianHumanTraffickingHotline.ca