



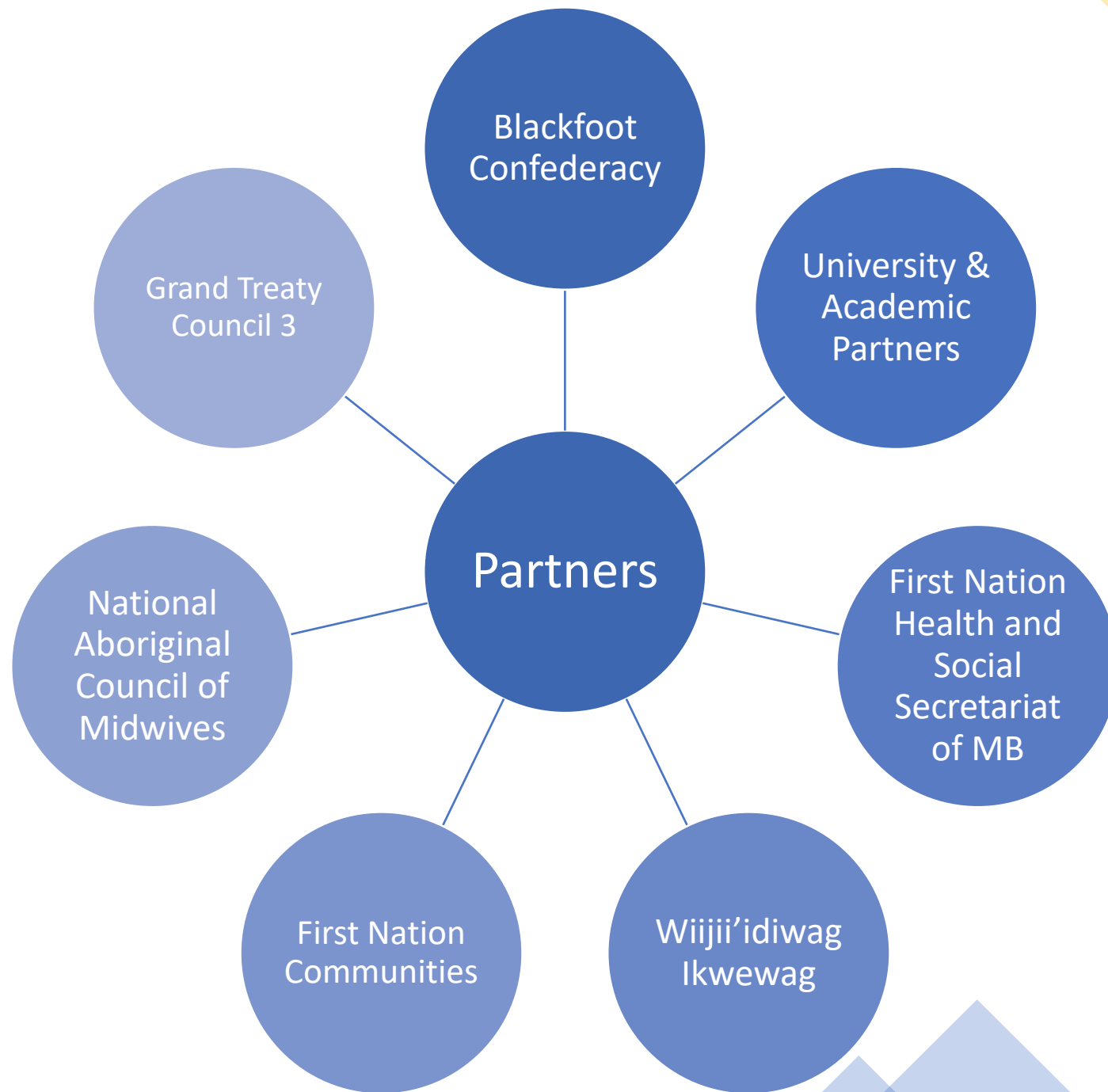
Supporting the Trajectory of our Spirit: Living Kipaitapiiwahsinnooni (Our Spiritual Way of Life)

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Faculty/Presenter Disclosure

- In the past 24 months, Chyloe Healy has no relevant financial relationships with the manufacturer(s) of commercial services discussed in this CME activity
- I do not intend to discuss an unapproved/investigative use of a commercial product/device in my presentation.





Starting Life in a Good Way

- The project builds on the Traditional Indigenous Birth Helper Research project.
- We will follow the health and well-being of a cohort of children from five FN communities who are born with the help of an Indigenous birth helper and are surrounded by cultural teachings and practices as a foundation for life.

Research Question

How do cultural, spiritual, land-based and community connections from the time of birth impact the health and well-being of Cree and Blackfoot children?



Research Objectives

To define Nation-based wellness indicators for Blackfoot Nations in the language.

To support the reestablishment of Blackfoot birth knowledge.

To share Indigenous knowledge frameworks (Creation Stories, Star Teachings, and Connection to the Land) by hosting knowledge exchange events.

To document other rites of passage, ceremonies and language activities that support wellness as identified by the Blackfoot Nations

To measure the impact of culture and practice on the health and well-being on early childhood wellness, youth wellness, and families by testing the Nation-based indicators.

To explore the issues of biobanking and biological sampling.

Development of Nation Based Indicators

This project creates an opportunity for First Nations to define Nation based indicators that contribute to good health.

These Nation based indicators will be used to document the life journeys of a generation of our babies, their parents and families.



Why do we need First Nations Indicators of Well-being?



Historically First Nations well-being has been measured against urban, Non-First Nations and Canadian standards



Such measures of progress counted First Nations as “deficit white people”



Allows researchers to continue to measure our state of health based on western standards of illness not wellness



The data that exists measures the assimilation of the Indigenous Nations into the larger Canadian society



First Nation indicators Measure the life that we were intended for as the Original peoples of our territories, the life our ancestors had prayed for us

Blackfoot Indicators



Know Family History

Lineage

- Clans
- Blackfoot Names



Feel Connected

To the land, ceremonies and people

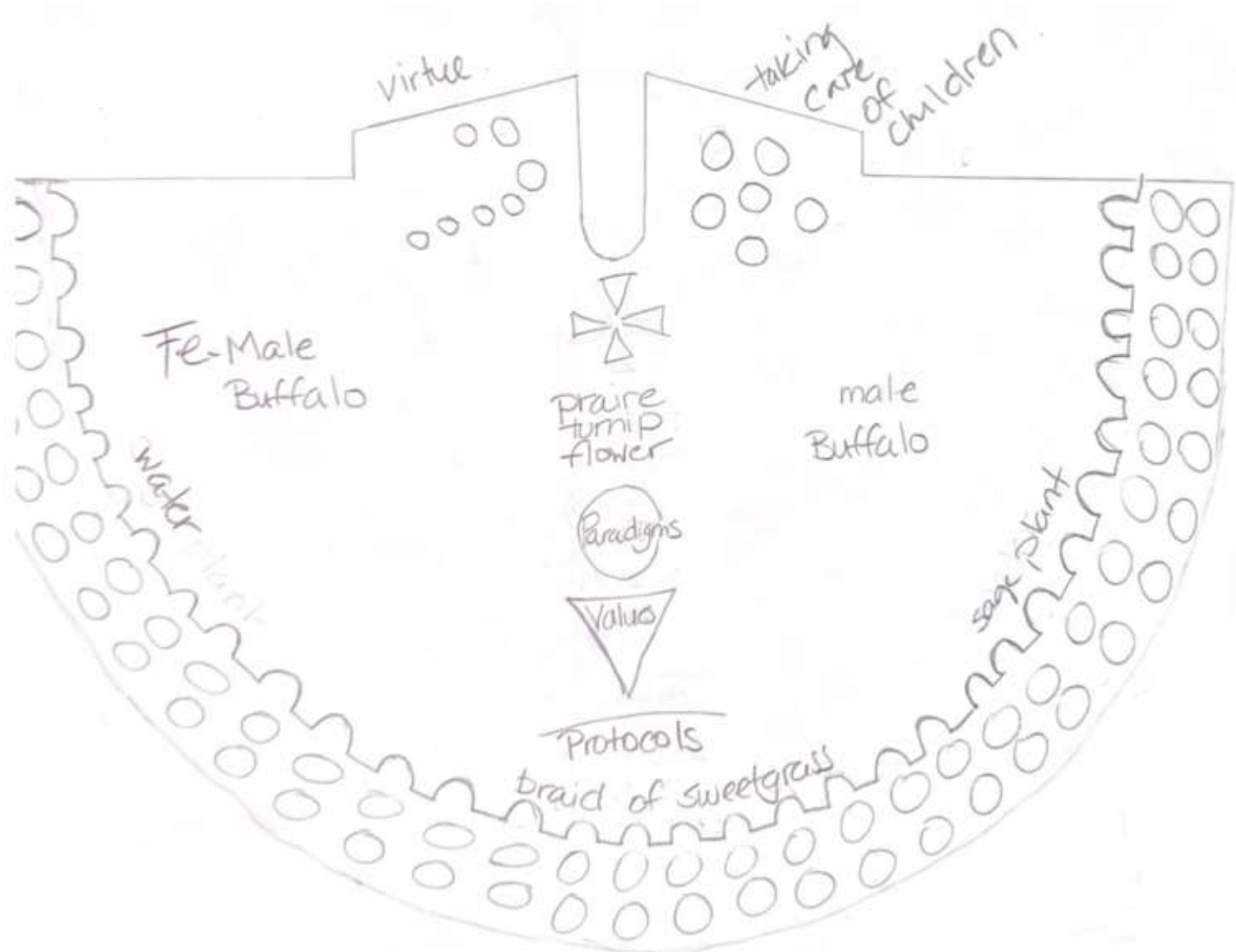


Have Access to Our Blackfoot Knowledge

Someone you know has ceremonial **transfers**, knows the songs, can show you medicines on the land, etc.

Know and speak the **language**

Blackfoot Wellness Framework



Theme	Siksikai'tsitapii Indicator	Colonial Interruption	Possible data collection methods
<p>Know family history & lineage</p>	<p>Clans</p>	<p>Number of clans that knowledge keepers can still remember</p>	<p>Archival scans for Blackfoot clan names</p> <p>List of clans still in existence</p> <p>Survey if members know their clan leading to check which one from above list</p>
	<p>Blackfoot Names</p>	<p>Mistranslated family names</p>	<p>Document family names and their actual meaning from interviews</p> <p>Survey if members have Blackfoot name; if they can say it in Blackfoot</p>

Nation Knowledge Keepers

Roger Hunt	Cathy Hunt	Maurice Little Wolf	Betty Smith	Agnes First Charger	Gwendora Bear Chief
Raymonda Water Chief	The late Norbert Fox	Beverly Hungrywolf	Francis Melting Tallow	The late Ervin Shade	Christine Shade
Dorothy Day Chief	Shane Little Bear	Sherry Cross Child	Herman Many Guns	Brenda North Peigan	Ruth Scalplock
Peter Weasel Moccasin	Leroy Heavy Runner	Harriot Heavy Runner	Rose Fox	Angeline Ayoungman	Larry Water Chief
Blair First Rider	Shirley Crowshoe	Pam Heavy Head	Martin Heavy Head	Floria Duck Chief	Delia Cross Child
Leroy Little Bear	Amethyst First Rider	Rosa Medicine Traveller	Clement Leather	Mike Bruised Head	Martha Day Chief
			Adeline Smith		



Thank you