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Aaniish Naa Gegii – Creating and Controlling Data to Promote Wellness in Communities

Blaine Wolfe & Nancy Young



Aaniish Naa Gegii: The Children's
Health and Well-Being Measure

CHEO

RESEARCH INSTITUTE
INSTITUT DE RECHERCHE

Learning Objectives

- Appreciate Indigenous Data Sovereignty and relationship building
- Understand how the Aaniish-Naa-Gegii App can be used in your community,
- Access the resources of the Aaniish-Naa-Gegii and the Wellness Resource Hub, and
- Connect with the ACHWM Engagement Team.



Appreciate Indigenous Data Sovereignty and Relationship Building



Indigenous Data Sovereignty Past and Present

- Data Sovereignty was a reaction to historical injustice
- Data Sovereignty understands that Data is sacred
- Data Sovereignty supports, asserts, respects, and protects Indigenous right to Self Determination



Indigenous Data Sovereignty Principles

- Engagement
- Relationship building
- Leadership & Youth engagement
- Sharing
 - Resource sharing
 - Knowledge sharing
 - Collective growth
- Repatriation

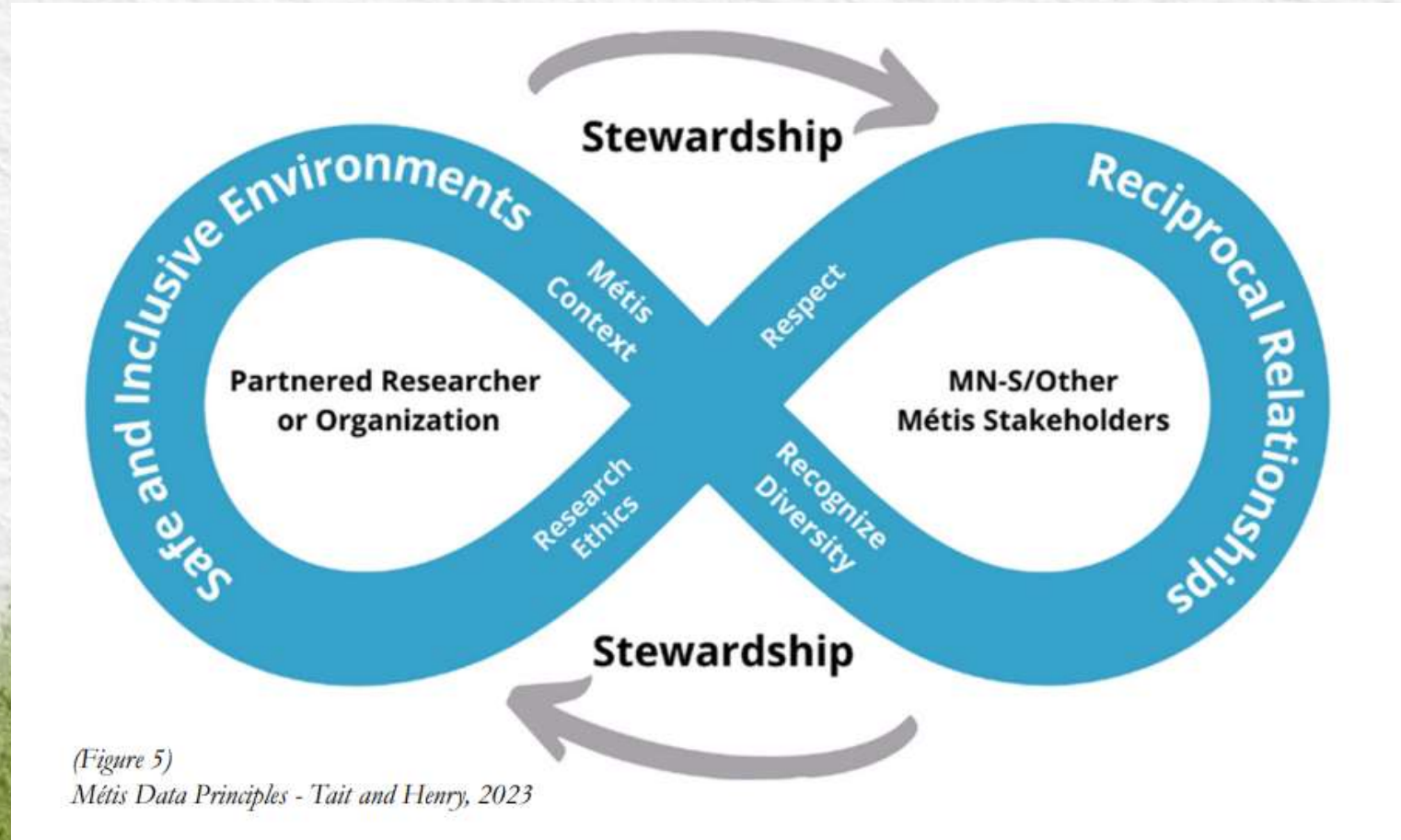


OCAP Principles (2004)



- **Ownership**
- The First Nation community owns Data
- **Control**
- Indigenous communities determine how Data is used and honoured
- **Access**
- First Nation communities determine who and how Data is accessed
- **Possession**
- First Nation communities can store their own data or employ the services of a data steward

Métis Principles of Health Data Governance (2023)



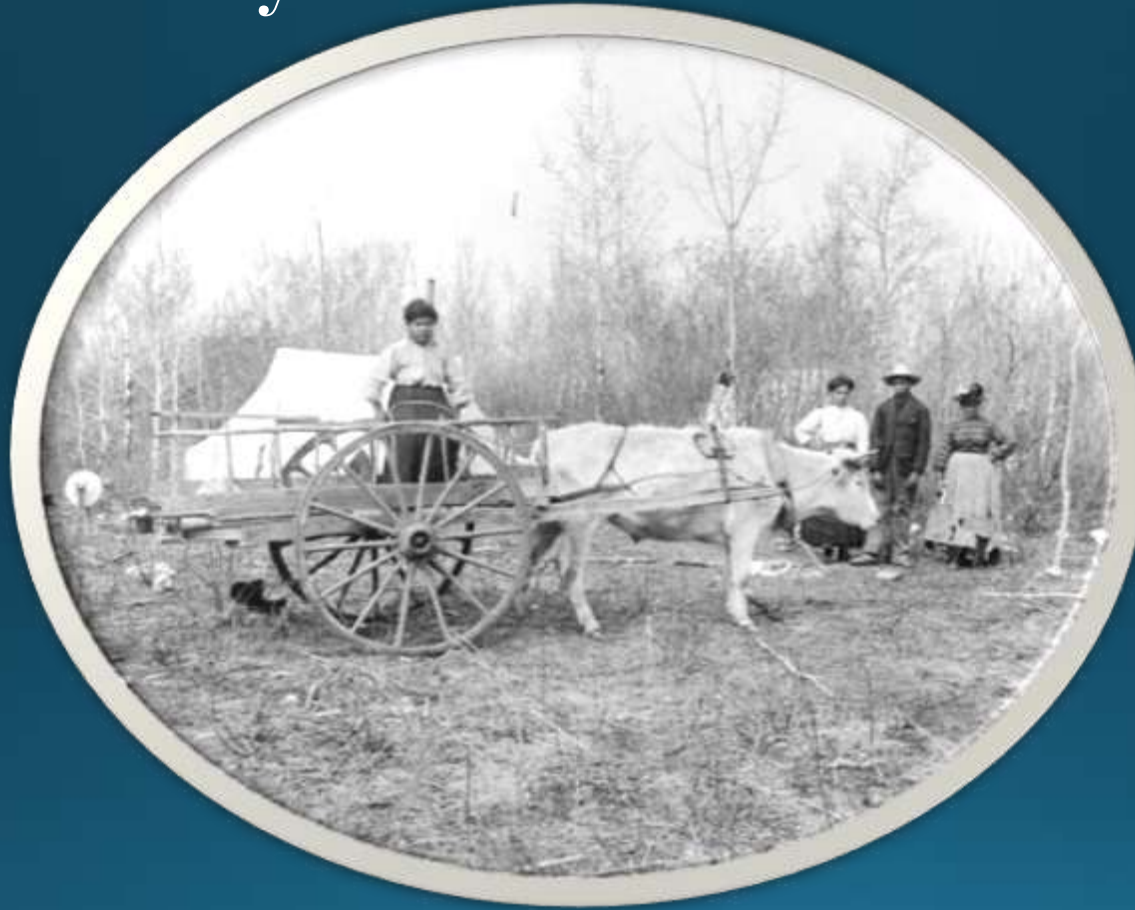
ACTION–What are we doing?

- Conducting a scoping review
- Exploring a Data Sovereignty Quality Assessment Tool
- Spearheading conversations about an Indigenous health research data server @ the CHEO Research Institute

ACTION–What you do?

- Join the Data Sovereignty conversation
- Assess your community priorities
- Think about OCAP, OCAS, and IQ Principles in your communities
- Develop policies and procedures on how to navigate Data Sovereignty and Research
- Develop Engagement protocols with your organizations
- Invite community members in the research design, methods, and Knowledge Translation activities
- Support and respect Indigenous communities and organizations' right to Data Sovereignty

How the Aaniish-Naa-Gegii App can be used in YOUR community



ACHWM

Aaniish Naa Gegii : the **C**hildren's **H**ealth and **W**ell-being **M**easure

- A self-reported wellness assessment tool
 - Created with and for Indigenous children & youth from 8 to 18 years of age.
- Generates health and wellness information for each community/organization
 - Guided by OCAP principles and other data sovereignty guidelines
- Completely **free of charge** for community use



*Reminder: It is a wellness measure, not a diagnostic tool



IAYMH 2025



Mary Jo Wabano's
smudge bowl

Guided by Elders



who shaped the collaboration and
grounded the work in culture through
ceremony





Local Health Workers Are Essential

ACHWM App helps youth tell their story

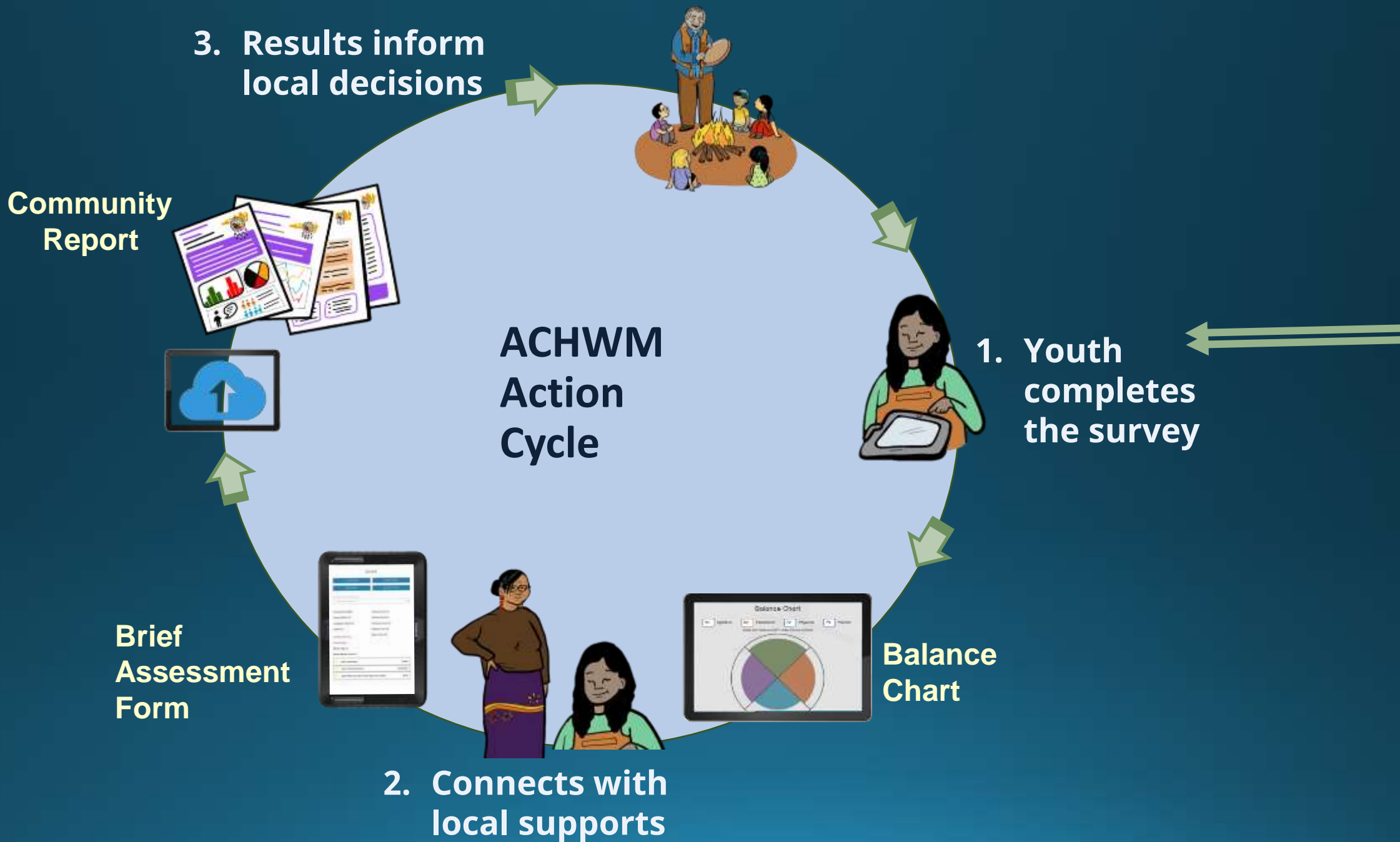
- provides language for children to tell their truths
- provides a non-judgemental way to share their perspectives

Local Health workers

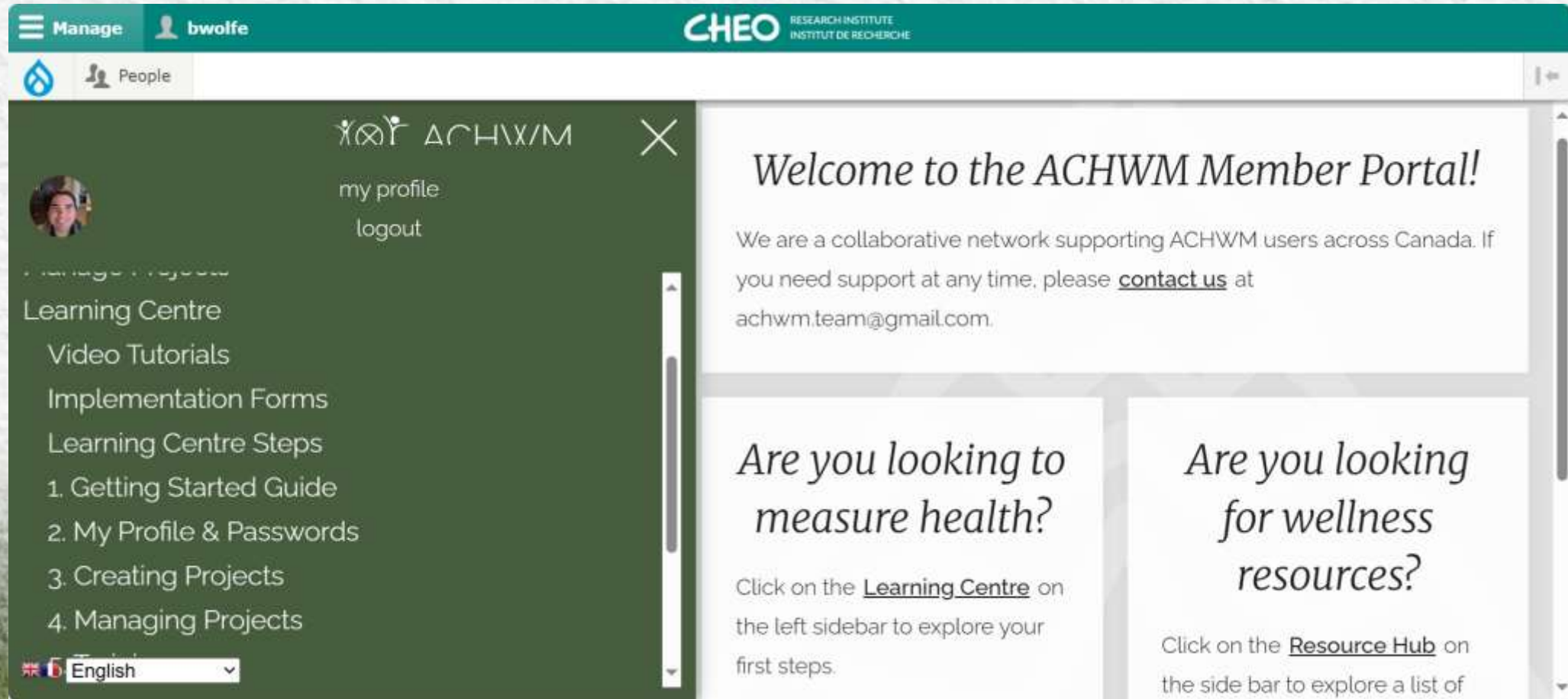
- connect with children by celebrating their strengths
- respond to their needs



Flow of Data



Learning Centre



The screenshot displays the ACHWM Member Portal interface. At the top, a teal header bar contains a 'Manage' button, a user profile icon labeled 'bwolfe', and the CHEO Research Institute logo. Below the header, a navigation bar includes a 'People' tab and a search icon. The left sidebar, set against a dark green background, features a user profile picture, the ACHWM logo, and links for 'my profile' and 'logout'. A scrollable menu lists the following options: 'Learning Centre', 'Video Tutorials', 'Implementation Forms', 'Learning Centre Steps', and a numbered list: '1. Getting Started Guide', '2. My Profile & Passwords', '3. Creating Projects', and '4. Managing Projects'. At the bottom of the sidebar is a language dropdown menu currently set to 'English'. The main content area has a white background and begins with a large heading 'Welcome to the ACHWM Member Portal!'. This is followed by a paragraph: 'We are a collaborative network supporting ACHWM users across Canada. If you need support at any time, please [contact us](mailto:achwm.team@gmail.com) at achwm.team@gmail.com.' Below this, two white boxes with grey borders are arranged side-by-side. The left box is titled 'Are you looking to measure health?' and instructs users to click on the 'Learning Centre' in the left sidebar. The right box is titled 'Are you looking for wellness resources?' and instructs users to click on the 'Resource Hub' in the side bar.

Manage bwolfe CHEO RESEARCH INSTITUTE INSTITUT DE RECHERCHE

People

ACHWM

my profile
logout

Learning Centre

Video Tutorials

Implementation Forms

Learning Centre Steps

1. Getting Started Guide

2. My Profile & Passwords

3. Creating Projects

4. Managing Projects

English

Welcome to the ACHWM Member Portal!

We are a collaborative network supporting ACHWM users across Canada. If you need support at any time, please [contact us](mailto:achwm.team@gmail.com) at achwm.team@gmail.com.

Are you looking to measure health?

Click on the [Learning Centre](#) on the left sidebar to explore your first steps.

Are you looking for wellness resources?

Click on the [Resource Hub](#) on the side bar to explore a list of



Short Demonstration

A screenshot of a survey interface displayed on a tablet. At the top, there is a progress bar with a blue segment on the left and a red segment on the right. To the left of the bar is a mute icon, and to the right is a pause icon. The main text of the survey is "I have time to be with my family...". Below this text are five response options: "Never", "Hardly Ever", "Sometimes", "Often", and "Always", each in a white button. At the bottom left is a blue "prev" button, and at the bottom right is a blue "next" button.

I have time to be with my family...

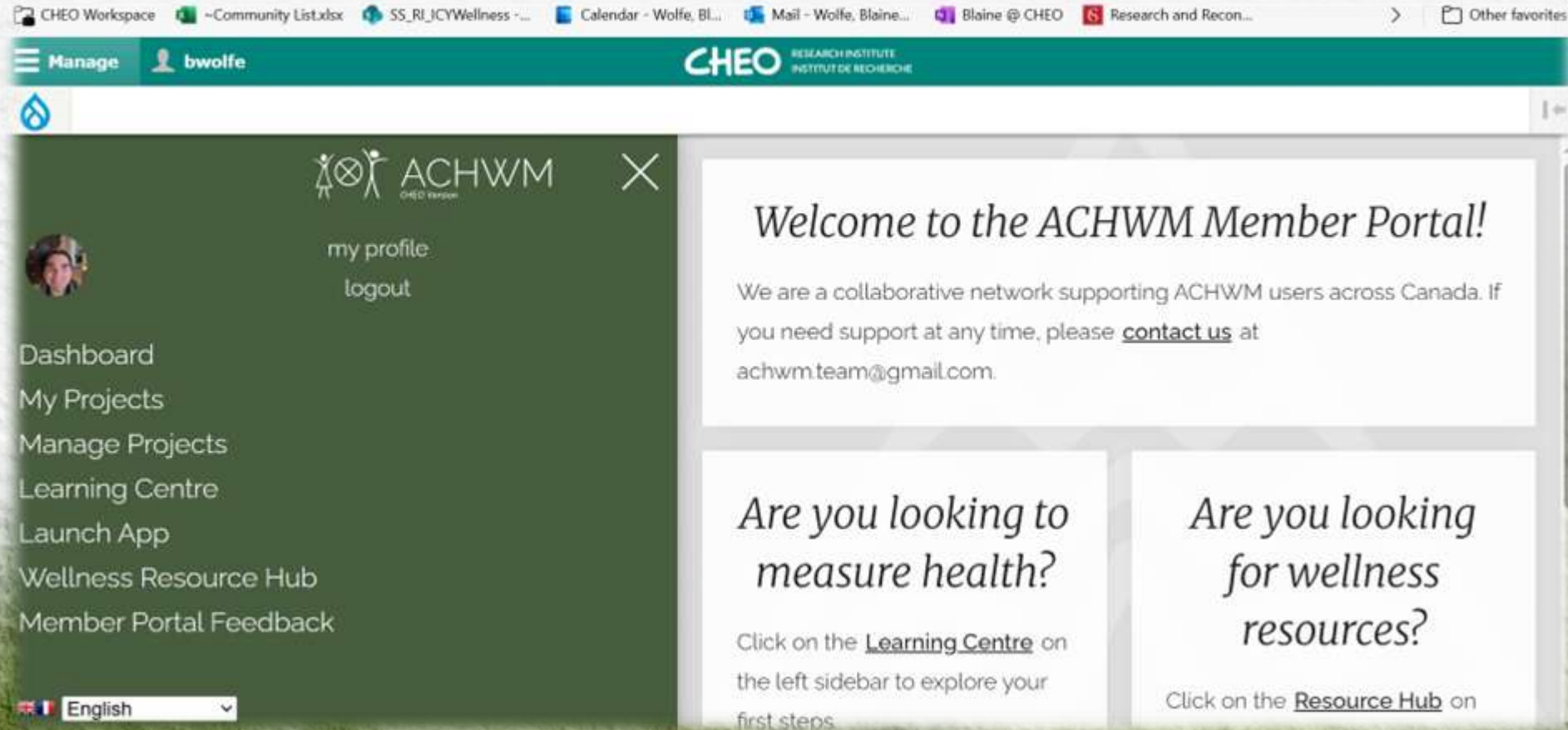
Never Hardly Ever Sometimes Often Always

prev next

- ACHWM.ca



Wellness Resource Hub



The screenshot shows a web browser window with a teal header bar. The header contains a 'Manage' button, a user profile icon labeled 'bwolfe', and the 'CHEO' logo with 'RESEARCH INSTITUTE' and 'INSTITUT DE RECHERCHE' below it. Below the header is a light blue bar with a water drop icon. The main content area has a dark green sidebar on the left and a white main panel on the right. The sidebar includes a user profile picture, the ACHWM logo, and links for 'my profile', 'logout', 'Dashboard', 'My Projects', 'Manage Projects', 'Learning Centre', 'Launch App', 'Wellness Resource Hub', and 'Member Portal Feedback'. At the bottom of the sidebar is a language dropdown set to 'English'. The main panel has a large white box with the heading 'Welcome to the ACHWM Member Portal!' and a paragraph about the collaborative network, with a link to 'contact us' at 'achwm.team@gmail.com'. Below this are two smaller white boxes. The first box asks 'Are you looking to measure health?' and directs users to the 'Learning Centre' in the sidebar. The second box asks 'Are you looking for wellness resources?' and directs users to the 'Resource Hub' in the sidebar.

CHEO Workspace ~Community List.xlsx SS_RI_ICYWellness -... Calendar - Wolfe, BL... Mail - Wolfe, Blaine... Blaine @ CHEO Research and Recon... Other favorites

Manage bwolfe CHEO RESEARCH INSTITUTE INSTITUT DE RECHERCHE

ACHWM CHED version

my profile
logout

Dashboard
My Projects
Manage Projects
Learning Centre
Launch App
Wellness Resource Hub
Member Portal Feedback

English

Welcome to the ACHWM Member Portal!

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Are you looking to measure health?

Click on the [Learning Centre](#) on the left sidebar to explore your first steps.

Are you looking for wellness resources?

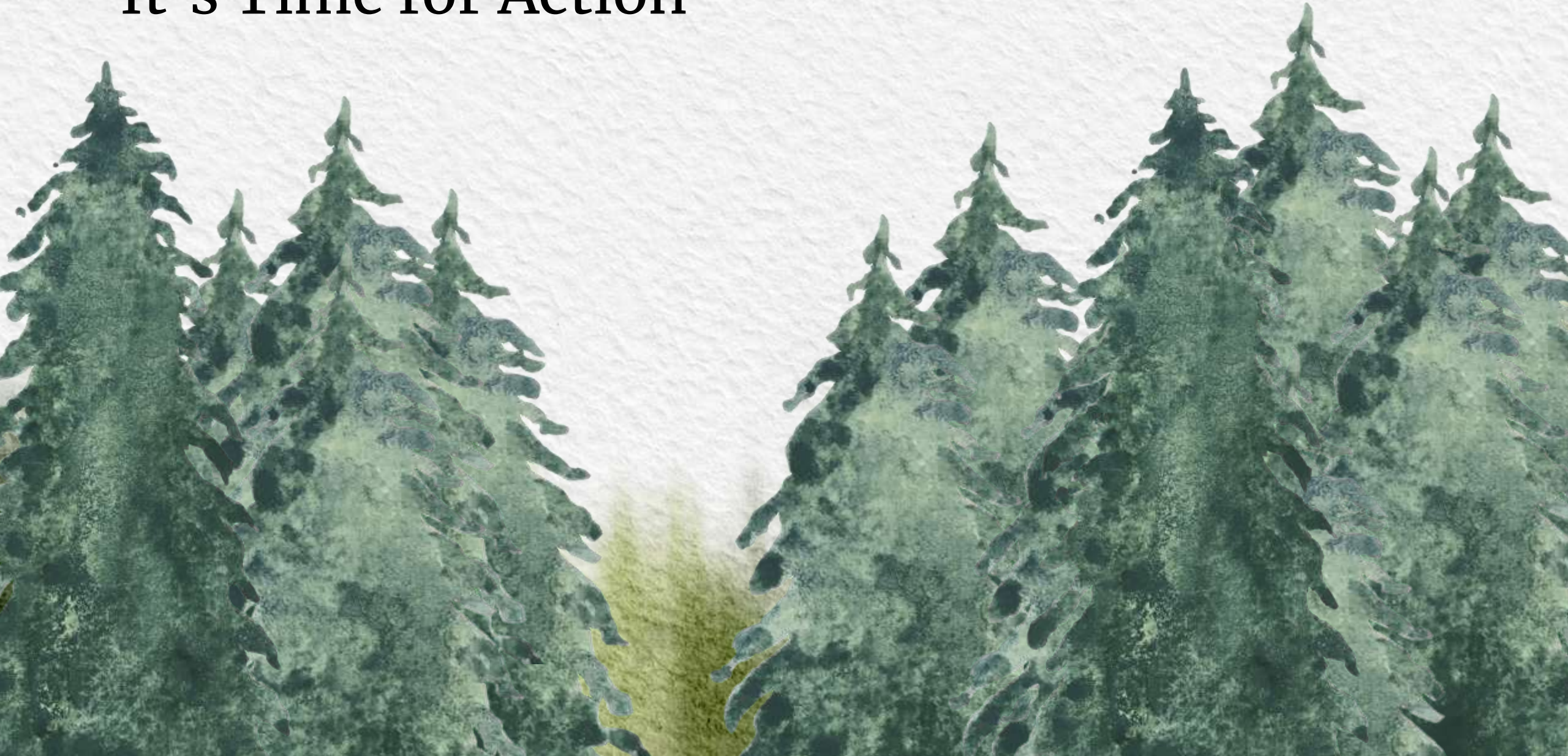
Click on the [Resource Hub](#) on



Resource Hub

- Wellness Resources | ACHWM
 - Activity sheets
 - Colouring pages
 - Compendium of programs

It's Time for Action



ACTION–What are we doing?

- Developing our Young-Child (4-7.9) and Older-Youth (19-29) Adaptations
 - Looking for partners!
- Updating our App
- Updating our Public Website
- Growing our Youth Engagement
- Looking for Program Sustainability Options

ACTION–What can you do?

- Use the Resource Hub!
 - Contribute materials, mindfulness exercises, teachings, support
 - Put a variety of Indigenous materials out in your classrooms, waiting rooms, offices
- Volunteer to be a Local Health Worker!
 - If you want to help, LHWs are always needed during projects
- Close the Health Equity Gap
 - Gather usable and actionable Data to support your community's well-being
- Assert your Data Sovereignty
 - Own, use, and control your Data for reasons that are important to the community, and beneficial to the community

ACTION-What can you do for Indigenous Children's Health?

- Use the Measure in your Community
 - Individual Intervention and In-Office Support
 - Group Evaluation
 - Population Health Assessment
 - Research
 - Other



ACTION- Why should you use the measure for Indigenous Child Health?

- Indigenous stories and data have been shared without our input or with our best interests in mind.
- When we don't tell our own Stories, they can be filtered through a Western lens.
- Focus may be on illness rather than wellness
- May lose control of our data



ACTION– How can you change the narrative of Indigenous Child Health?

- Children have a profound way of seeing and experiencing their world. We should trust them as our guide to their inner thoughts
- The role of adults in this work is to be brave, and listen to the stories of children and youth, even if those stories scare us
- The stories generated can change the narrative of First Nation, Inuit, and Métis children's lived experiences.



Connect with the ACHWM Engagement Team



ACTION-Start exploring today



Blaine: bwolfe@cheo.on.ca



Nancy: nyoung@cheo.on.ca



@ACHWM



www.achwm.ca

