



## **11<sup>th</sup> International Meeting on Indigenous Child Health**

**March 28-30, 2025 • Winnipeg, Manitoba**

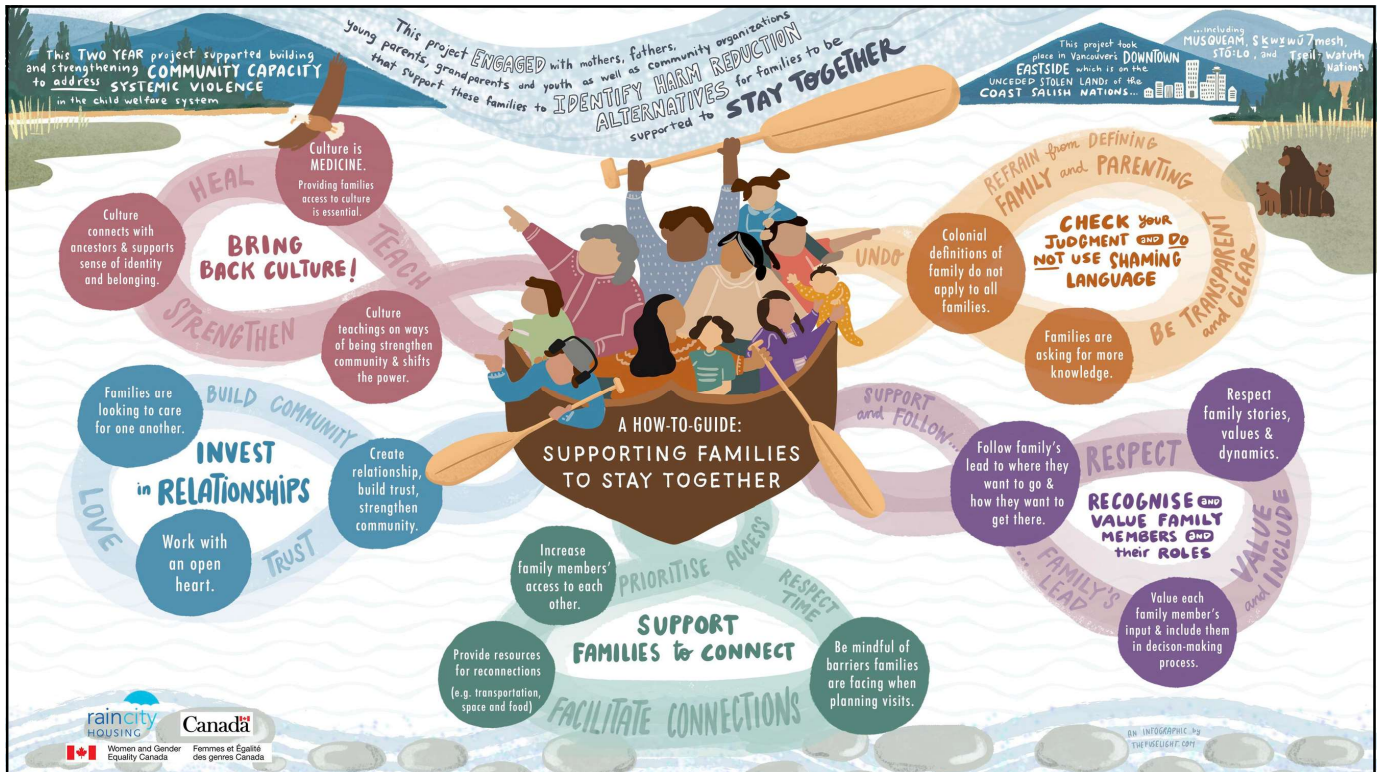
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1

# DISCLOSURE

**Our project was funded by federal grant through Women and Gender Equity Canada**

**We have no conflicts of interest to declare**

2

## BACKGROUND

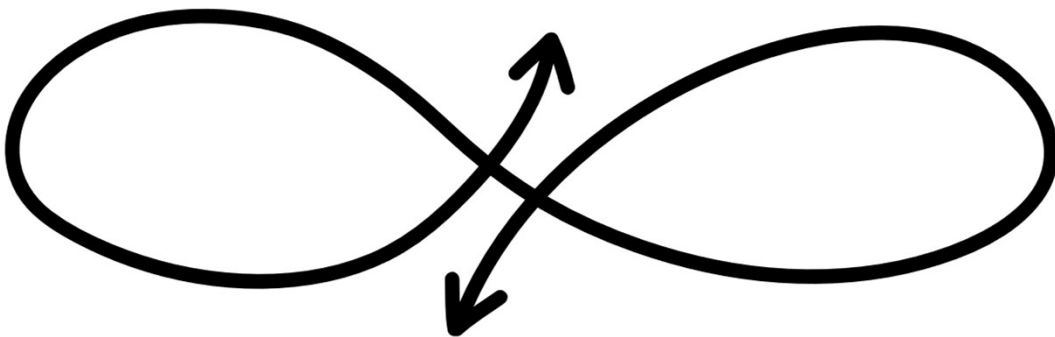


- Raincity's work in the DTES
- Harm reduction way to support families

**BUDZEY BUILDING**

3

## DUTY TO SUPPORT



**SUPPORTING FAMILIES TO STAY  
TOGETHER**

4

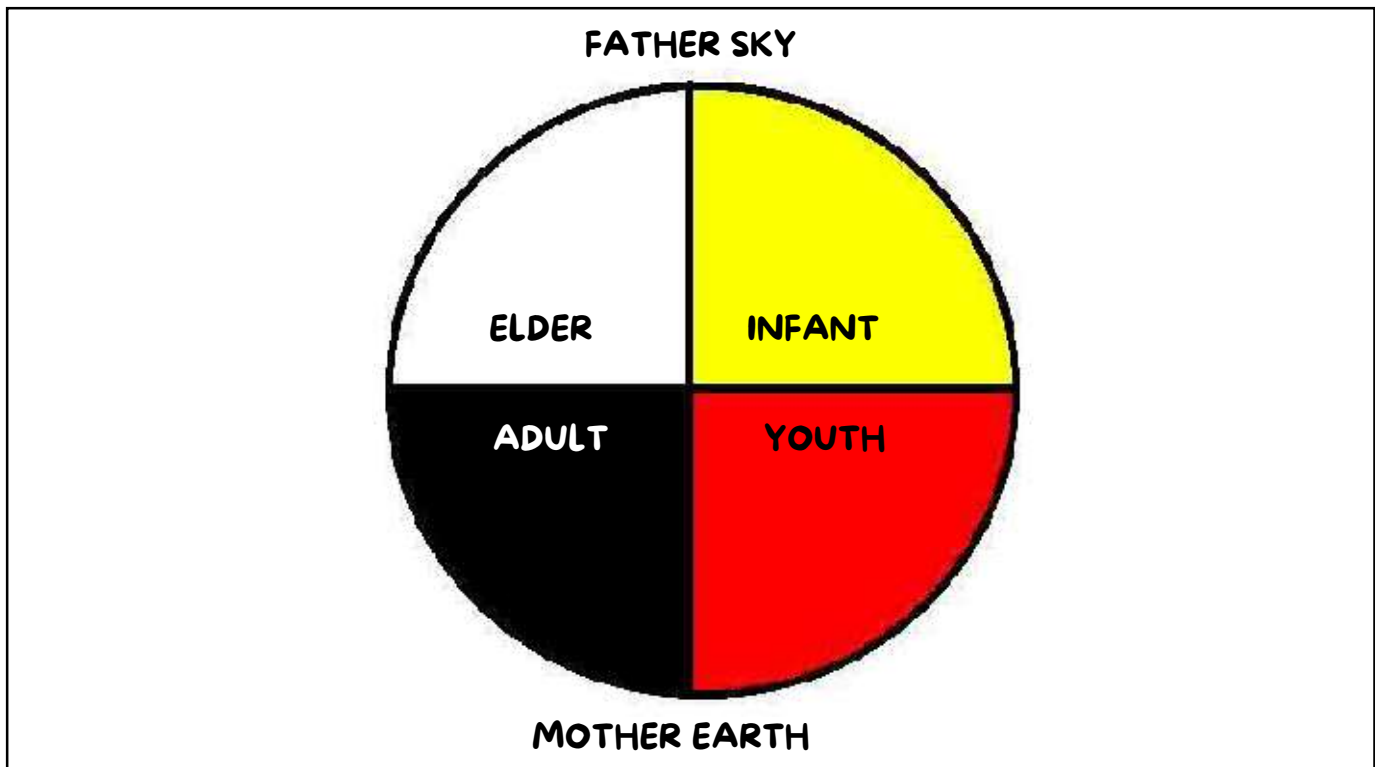
# TODAY' S PURPOSE

Pass on the lessons we learnt in our project on how to better support families

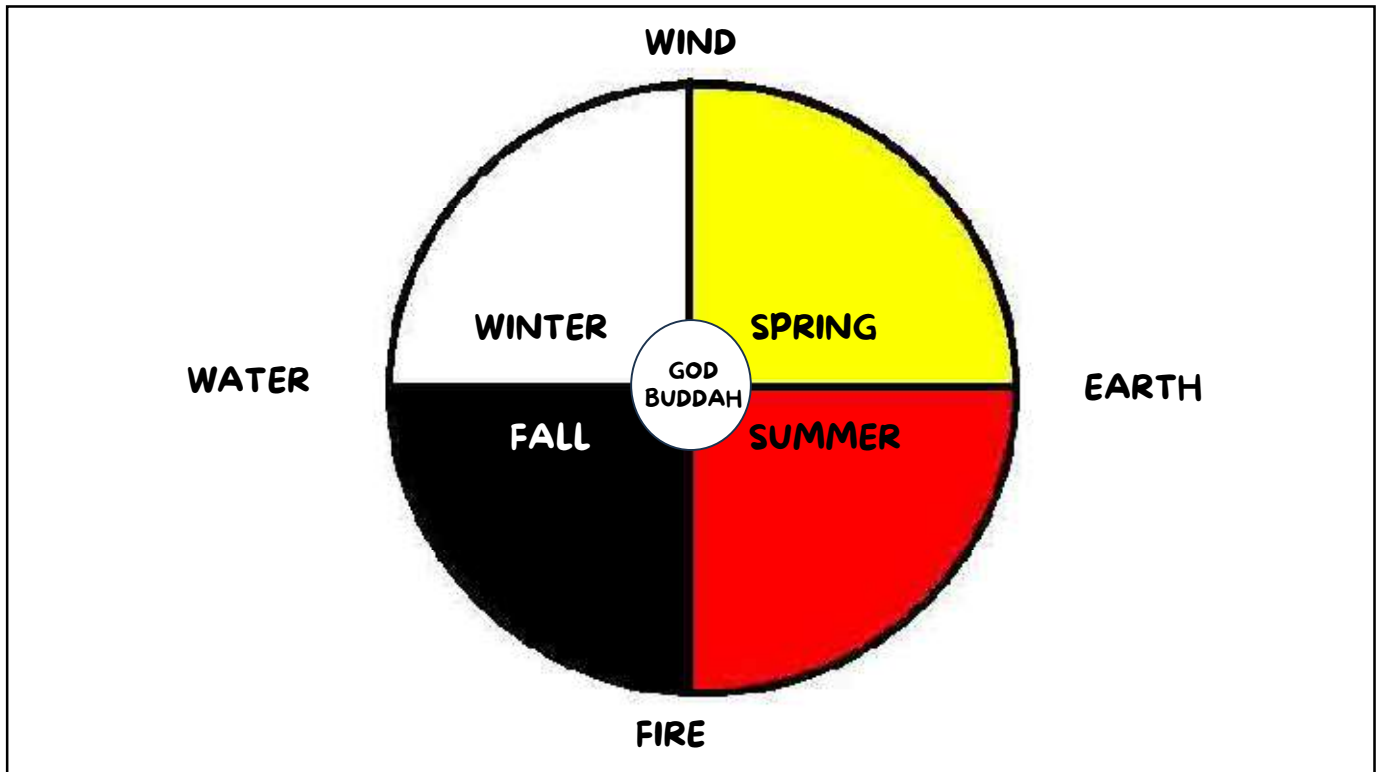
**What does caring for families look like?**  
**Why should we keep families together? and how do we do that?**

**How do we apply harm reduction and trauma-informed practices to parents and their children?**

5

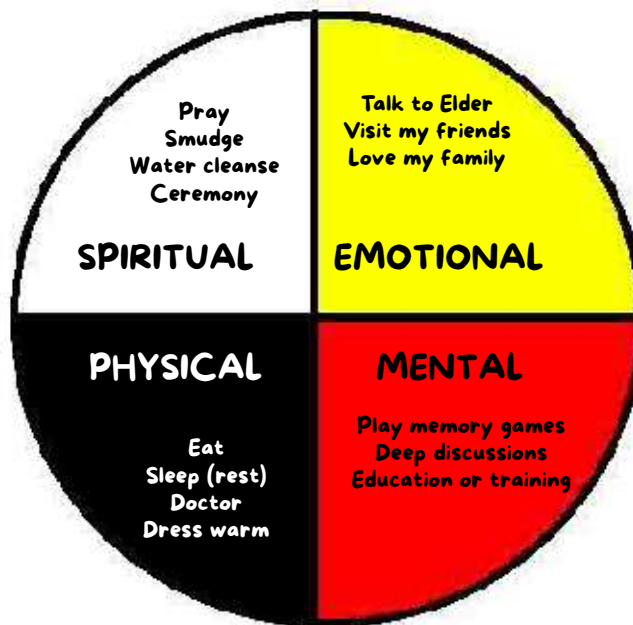


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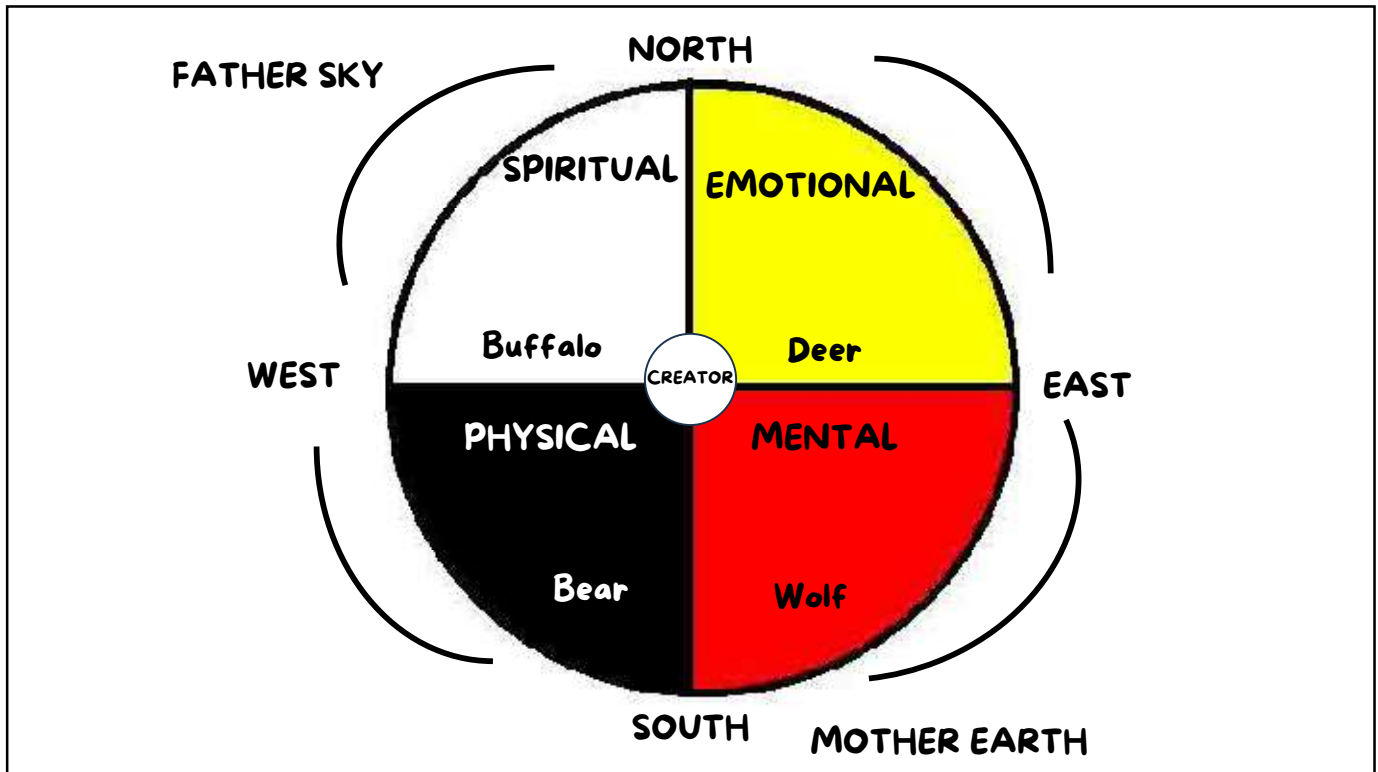


7

### MY MEDICINE WHEEL... KEEPING BALANCE



8

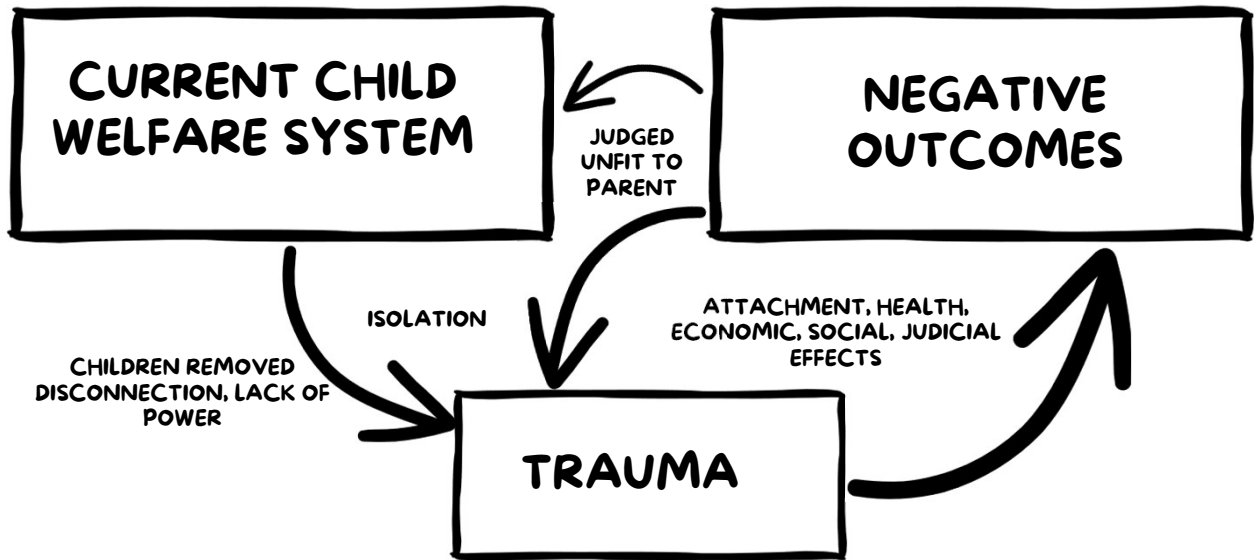


9



10

## WHAT WE ARE CURRENTLY FACING



11

## HOW DO WE BREAK THE CYCLE

**It takes  
a  
village...**

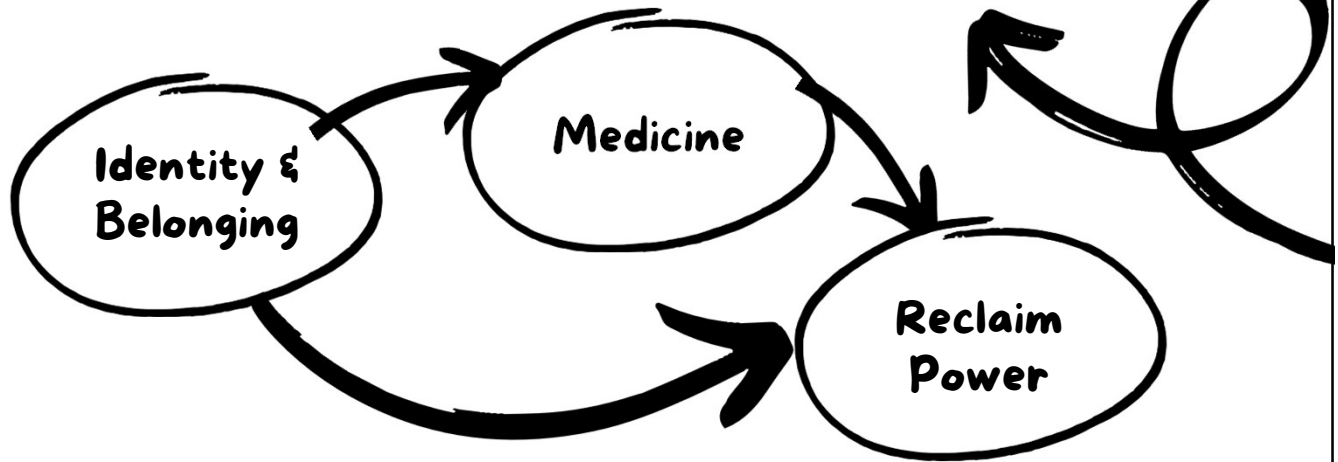


**To  
support  
a family**

WHAT ARE FAMILIES ASKING FROM COMMUNITY?

12

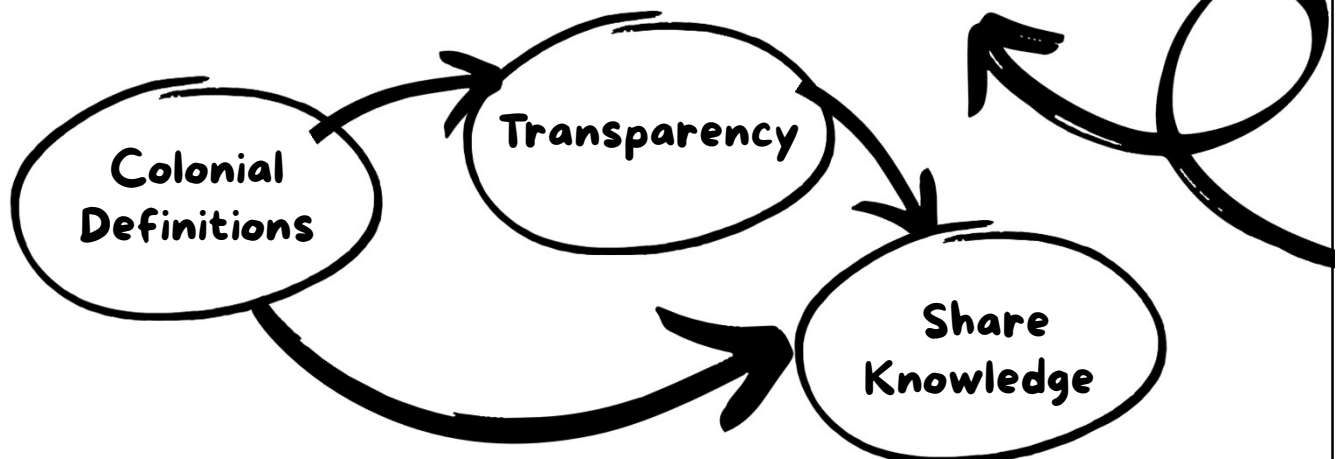
## BRING BACK CULTURE!



Weave culture into support for families from the foundation and throughout every form of support

13

## BIAS AND LANGUAGE

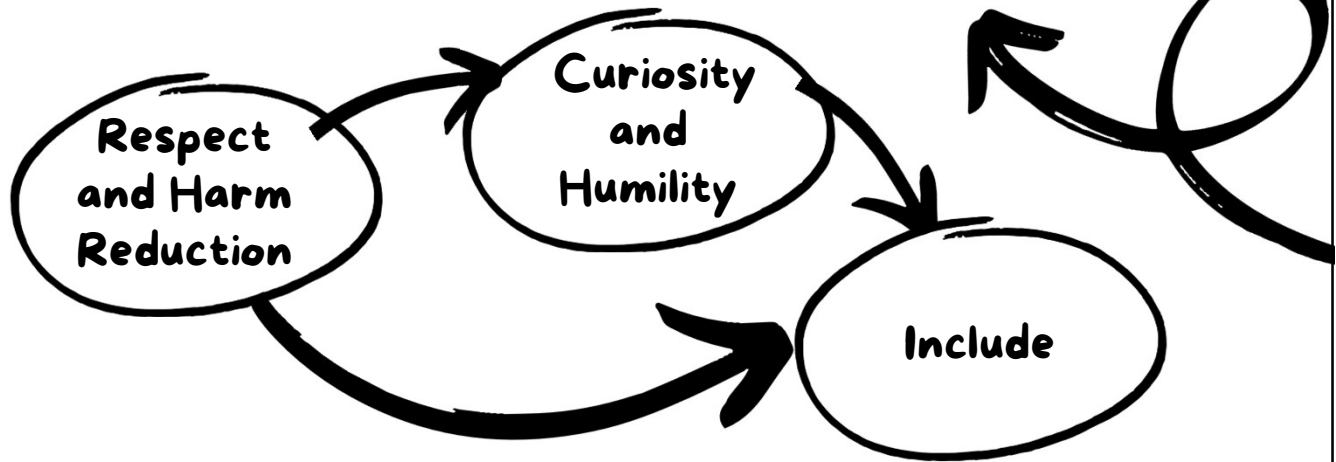


Use Language that challenges bias and is transparent and honest to support the strengthening of families

14



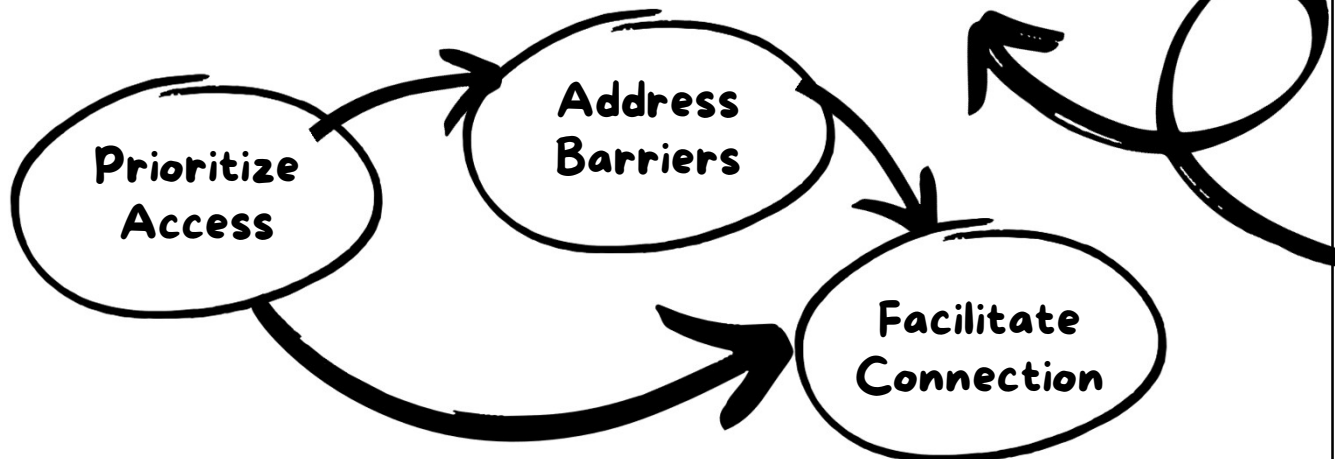
## RECOGNIZE & VALUE FAMILY MEMBERS



Include family members input and follow the family's lead to decide what supports are needed for their family

15

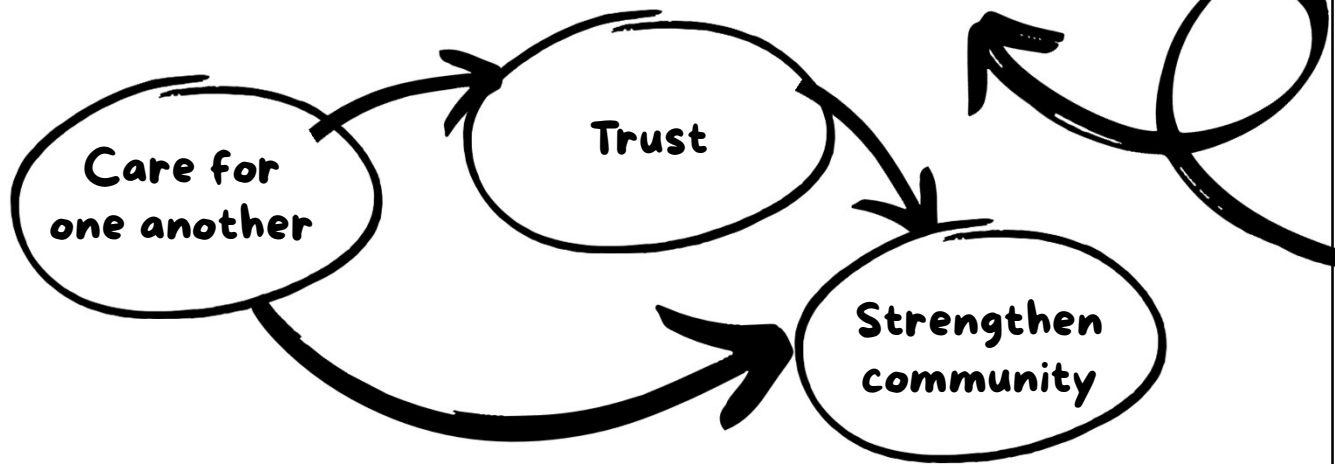
## SUPPORT FAMILIES TO CONNECT



Prioritize and facilitate access and visitations between family members by providing support, transportation, and space

16

## INVEST IN RELATIONSHIPS



Create a strong community where families can support one another

17

## REDEFINING YOUR ROLE

### From policing to supporting

- Treating the family as a whole
- expand your understanding
- share knowledge
- identify support
- create a safety plan together

18

# **SCENARIO 1:**

**GRANDMOTHER TELLS YOU THAT SHE HAS NO SUPPORTS AND THAT SHE GETS OVERWHELMED HAVING TO TAKE CARE OF HER GRANDDAUGHTER WHO IS A TODDLER.**

**QUESTIONS, HIGHLIGHTS TO SHARE & FEEDBACK**

19

# **SCENARIO 2:**

**A MOTHER COMES IN WITH HER CHILD WHO IS IN A STROLLER. THEY GET FOOD AND SHE ALSO GRABS SOME CLEAN NEEDLES FROM THE HARM REDUCTION AREA**

**QUESTIONS, HIGHLIGHTS TO SHARE & FEEDBACK**

20

# **SCENARIO 3:**

**AN INTIMATE VIOLENCE  
SITUATION OCCURS, YOU  
INTERVENE, THE PERPETRATOR  
IS ARRESTED. THE MOM IS  
DISTRAUGHT AND THERE ARE 4  
KIDS IN THE HOUSE.**

**QUESTIONS, HIGHLIGHTS TO SHARE &  
FEEDBACK**

21

# **COMMUNITY COMMITMENTS**

## **I COMMIT TO...**

- **NOT MAKING ANONYMOUS CALLS**
- **FOLLOW THE FAMILY'S LEAD TO THEIR CARE**
- **SUPPORTING AND FACILITATING CONNECTION TO FAMILY MEMBERS**
- **BEING CURIOUS AND HUMBLE AND WEAVING IN CULTURE AS PART OF MY SUPPORT**
- **INVESTING IN MY COMMUNITY BY CREATING RELATIONSHIPS AND SUPPORTING CONNECTIONS**

22

**CLOSING &  
GRATITUDE**